



LivingWorks-Start

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## Learn life-saving skills with LivingWorks Start

Most people are surprised to learn that they're much more likely to encounter someone who's thinking about suicide than someone who needs CPR. Yet suicide is preventable: with the right skills, anyone can help save a life.

That's where LivingWorks Start comes in. In as little as one hour online, this interactive training program will give you the skills and knowledge to keep family, friends, co-workers, and others safe from suicide.

### How LivingWorks Start can help you:

- Become more comfortable talking about suicide
- Keep a loved one safe in times of distress
- Support friends and co-workers
- Build professional skills
- Have peace of mind knowing you're ready to help

### LivingWorks Start features



High-quality content and simulations



In-depth customization



Proven to increase skills



Lifetime access to resources and refreshers



Learnable on any computer or device

**CARE**  **FORCE**™  
*Resilient Communities Through Collaborative Action*

CAREForce has partnered with LivingWorks  
to provide all your Suicide Intervention Training  
Learn life-saving skills today at [www.CAREForce.us/Start](http://www.CAREForce.us/Start)

# What people are saying about LivingWorks Start



*This is so near and dear to my heart. I am so grateful you have a program that can reach teens too.*—Ella, teacher and mother of two, Colorado, USA



*Glad for this training. These are must-have skills for people in so many fields.*—Michael, EMS coordinator, Brisbane, Australia



*I was a little anxious at first, but the training was great. I feel much better prepared to help now.*—Sophie, programmer and hospital volunteer, Calgary, Canada

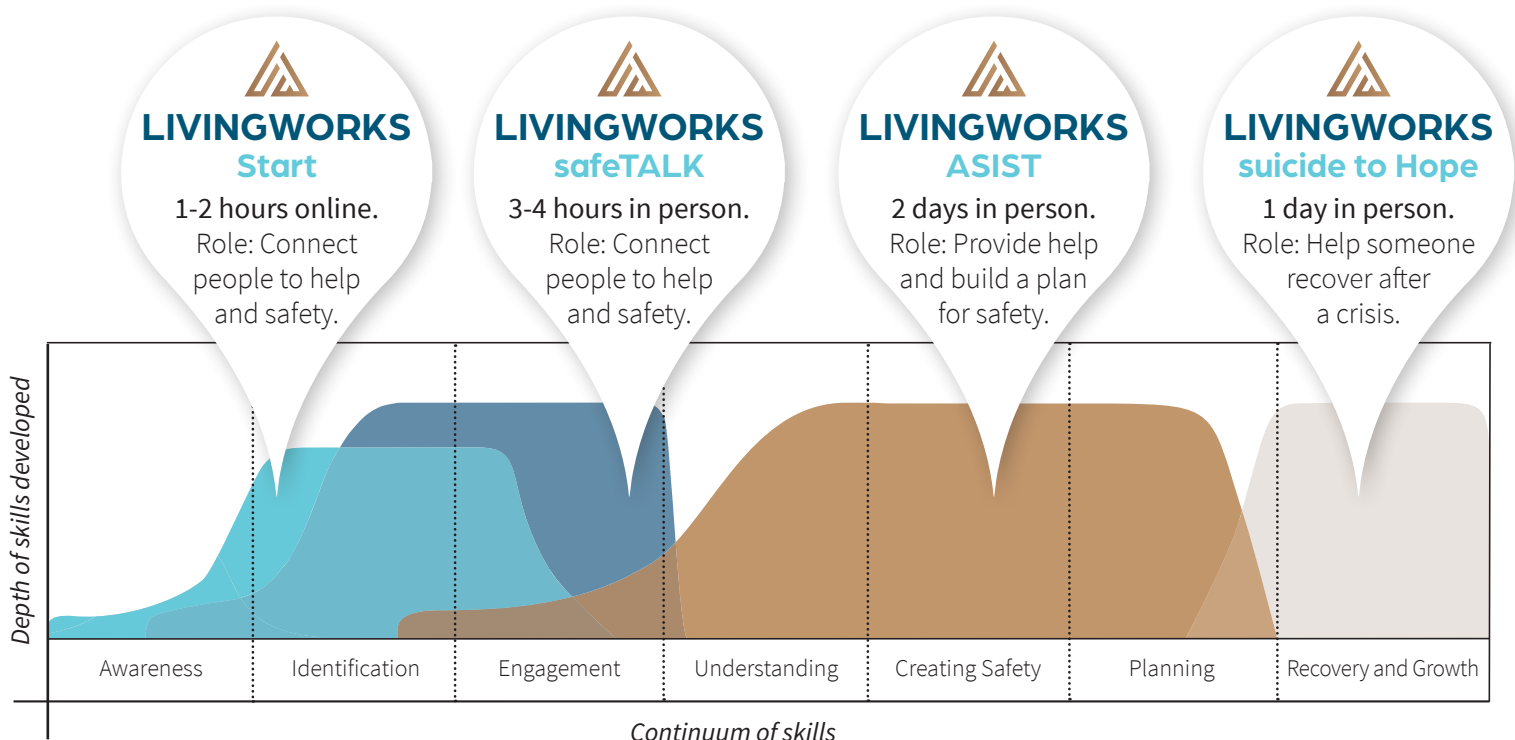


*The scenarios were believable and realistic. You really see how you can apply it in real life.*—Quincey, US Army service member, Ohio, USA

## Where LivingWorks Start fits in LivingWorks' training solution

LivingWorks Start is one of several LivingWorks training programs. Each of these programs trains someone to play a different role—and people playing these roles together can achieve an even greater impact than they could alone.

As a LivingWorks Start trainee, you can connect someone to a LivingWorks ASIST trainee for a full intervention and safety plan. You can also attend other LivingWorks training programs and learn to provide more in-depth help for someone in need.



Together, we can save and change lives. Lean more at [www.CAREForce.us/Start](http://www.CAREForce.us/Start)  
To bring LivingWorks' Training Solutions to your team, email [start@careforce.us](mailto:start@careforce.us)